

BOSWORTH

BREAKFAST— JANUARY RESET

An intentional menu of lighter plates and refreshing sips, crafted for a fresh start.

Toasted Oatmeal · 12

Chia, Strawberry Jam, Honey, Coconut

Quinoa Bowl · 14

Soft Poached Egg, Avocado, Tofu, Kale, Mixed Greens, Cherry Tomatoes, Miso Dressing

Protein Pancakes · 13

Cottage Cheese, Cinnamon, Poppy Seeds, Berries, Pure Maple Syrup,

BEVERAGE

Recharge · 13

Blueberries, Mint, Lemon, Ashwagandha, Coconut Water, Chia Seeds

Matcha Latte · 7

Matcha, Mushroom Blend, Cinnamon, Vanilla, Honey, Choice of Oat or Almond Milk

Green Smoothie · 8

Spinach, Banana, Avocado, Chia Seeds, Almond Milk